



BREAKFAST

Sourdough Toast butter, jam, hazelnut butter 5 sub hummus 1.5

Breakfast Sandwich fried egg, bacon or sautéed greens, tomato sauce, pesto 10.5

Pesto Poachie kale & sunflower pesto, za'atar 9

Granola maple roasted, yogurt, fruit compote 8.75

Sweet Porridge fruit compote, hazelnut, honey 7.5

Pancakes buckwheat & emmer sourdough, maple or farm smoked syrup, butter 9

French Toast chocolate sourdough brioche, fruit, spiced whipped yogurt 14

1/2 French Toast 8

Henhouse two eggs, potato, sourdough 9

Farmhouse two eggs, bacon or sausage, sautéed greens, potatoes, beans, sourdough 15.5

Huevos Rancheros salsa roja, salsa verde, huevo, frijoles negros, panqueque de maiz 15

Brown Butter Benny hollandaise, poached eggs, mixed herbs, english muffin, bacon, or sausage 15.75

Florentine Benny hollandaise, poached eggs, mixed herbs, english muffin, greens 15.75

1/2 Brown Butter Benny or Florentine 8

Drip Coffee 2.75

Espresso 2.75

Macchiato 3

Cappuccino 3.75

Latte 5

Maple Latte 6

Misto 4.25

Americano 3.5

Shot in the Dark

4.5

Mocha 5.5

Tea 3

London Fog 4.25

Chai 4.5

Hot Chocolate 4.25

Steamer 3.5

Hot Apple Cider 4

Maple Steamer 4

Iced Latte 5

Iced Americano 3.5

Iced Mocha 5.5

Iced Chai 4.5

Milk 3.5

Chocolate Milk 4

Farming Karma Soda 3

Apple Juice 3.5

Kombucha 5.5

Sparkling Water 2.5

Bec Cola 4

Eon Kefir Water 4

*Substitute Oat Milk 1



LUNCH

- Soup** something ever changing, sourdough 8
- Field Salad** things from the farm, dressed & garnished suitably 8
- Corncakes** corn relish, ricotta, chili dressing, farm veg, poached egg 14
- Ploughman's Platter** ham or market veg, gouda, egg salad, greens, pickled veg, sourdough bread, mustard 15
- Barnyard Burger** pork & beef patty, pesto, cheddar, tomato sauce, house salad 15

SOURDOUGH SANDWICHES

- Breakfast Sandwich** fried egg, bacon or sautéed greens tomato sauce, pesto 10.5
- Market** whatever we are excited about from the farm or market, hummus & pesto 10
- Chicken Caesar** roasted chicken caesar, dressed greens 11
- Ploughman's** ham or market veg, gouda, egg salad, greens, pickled veg 10
- Hummus Toastie** split pea hummus, roasted veg, sourdough 10
- Cheese Toastie** cheddar, feta, sourdough, brown butter 8.5
- Beet & Goats Cheese Toastie** herb whipped goats cheese, roasted beets 12
- Ham & Cheese Toastie** ham, cheddar, sourdough, brown butter, ketchup 12

We are proud to source from local farms

Organic Vegetables: Terra Firma Farms, Revelstoke BC
Pasture Raised Pork: Terra Firma Farms., Revelstoke BC
Organic Produce: Wildflight Farm, Mara BC
Organic Poultry: Terra Firma Farms, Revelstoke BC
Organic Fruits: Our Cawston families' Orchards, Cawston

BC Grass Fed Dairy: Grass Roots Farm, Salmon Arm
Organic Flours: Wolfgang's Grain & Flour, Enderby BC
D Dutchmen Dairy, Sicamous BC
Grass Fed Beef: Greenslide Cattle Company, Revelstoke BC
Seasonings: Track Street Growers, Revelstoke BC